



Established 2002

FLUFC NEWSLETTER

SATURDAY 4th FEBRUARY 2017

GAME WEEK 19

We are pleased to announce the winners of the Design a Badge competition, see inside for full details.

SCHOOL PITCHES/FOOTBALL BOOTS

We would remind you bring a change of footwear for your children to change into pitch side before running off across the patio and car park areas. Your efforts to date are much appreciated by the parents and coaches who sweep the patio and car park at the end of the Saturday morning sessions.

As ever, if you wish to get in contact or get involved with helping to support and run the club then please contact us on the e-mail address below or speak to your coach.

EnquireFLUFC@gmail.com

Year 4 Training Report:

The session was completed this week and gave everyone a work out after last weeks cancellation.

The Year 4's continued with their training in preparation for the forthcoming matches and tournaments with the session focusing on passing and shooting, ensuring they looked up to check the run of a player and position the pass in front of the player who was going to shoot. They also had some endurance training, mainly down the jovial mood of the players but they soon got back into the ball work with a well-executed game of football at the end of the session.

Coach: Neil Hannam Players(s) of Match: n/a

NEXT FIXTURE/TRAINING: Away match v Russell Lower School, 11am kick off, arrive 10.45am.

YEAR 1 COACH REQUIRED 2017-2018 SEASON

For the 2017 – 2018 season onwards, we require a coach to take over the current Foundation year as they become year 1 and incorporate the new Foundation year. In return, you will receive fully club funded training, including the FA approved level one coaching badge should you wish to progress this far, and also get to work with a new intake of players.

You do not need to be a parent/guardian but must be interested in coaching fun and inclusive sessions and working with the team through the year groups. We are looking to get a coach on board and trained by the end of the current season, ready for the 2017/18 season.

If you are considering joining us, we would love to hear from you. If you fancy a trial session with one of our current coaches then please get in touch on the email address above.

WELFARE OFFICER REQUIRED

For the 2017–18 season onwards we are looking for a new Club Welfare Officer to take over from the current officer and help us maintain a safe and secure environment for all our players to enjoy. You would work in conjunction with the football secretary, Steve Coates, and chairman, Mrs New. Please contact Steve Coates on 07960 215053 for further details if you are interested.

Year 3 Training Report:

The session was once taken by year 1 coaches, Dene and Jose. This week we again had the opportunity to work with the year 3s and decided to work and progress their dribbling skills and change of direction, and finished with a bit of attack.

We started in 2's and in partners they would both have a ball and stand opposite corners of a square. On my signal they would chase around the square to try and tag the player in front of them. If they caught them they gained a point and if a player mis-controlled as long as the other player dribbled round they also got a point. The objective was to encourage speed of dribbling, control on the ball, change of direction, as well as looking up. We progressed this by swapping partners and allowing them to cross the square to either get a short cut to attack the player in front on to simply get away.

We progressed this on with a bigger square with one defender in the middle and players outside the square. Players would have to dribble across to the other side to gain a point and would tally them up to see who could score highest. We then progressed and added another defender and then gave the attackers a 5 second rule where they would have to go before the 5 seconds. We finished with 3 defenders in the morning and the players challenged themselves to beat the original score.

We then finished this with two goals, a safety line in the middle for 3 attackers, one defender each side and a goal keeper. The idea was for the 3 players to work together to attack a 3-1 and score, if the defender tackled he could dribble up the other end and score a goal. We then reduced this to two attackers on two defenders. We finished with a short game.

The man of the match was Jude, he worked really hard throughout and never stopped trying, great effort.

Coach: Russell Hilton Players(s) of Match: Jude

NEXT FIXTURE/TRAINING: Training on 3G pitch at Redborne school – 11am.

Year 2 Training Report:

Jack Timpson was the trainer of the week and is improving week by week. We had a lively session focusing on driving into space and shooting under pressure, all of the players done well and we will continue to work on this. We have a match against Wotton on Saturday kicking off at 11.15, can we all arrive at 11 pls.

Coach: Steve Taviner and Peter Nemeth Players(s) of Match: Jack Timpson

NEXT FIXTURE / TRAINING: Home match v Wootton, k/o at 11.15am on 3G pitch at Redborne. Arrive 11am.

Foundation/Year 1 Training Report:

Good conditions and year ones and foundations took part in a match against each other. The idea was to see how the players have been coming along and observe the 4 corner model in terms of player development in Physical, Tactical, Psychological & Social aspects to see where they are currently and how myself and Jose can design the coaching plan over the next few weeks. Everyone took part well in what was a very hard session, we challenged players to try different things and encouraged them to control the ball as much as possible. Oliver Rulton scored a goal, and so did Henry Giles with the last kick of the game.

The two man of the matches for the week were Nathan Graire & Henry Sheehan. They played together, listened, and worked hard throughout.

Coach: Dene Walsh and Jose Sanchez Players(s) of Week: Henry Sheehan, Nathan Graire

NEXT MATCH/TRAINING: Saturday at School – 9am.

DESIGN A BADGE COMPETITION

We would once again extend our thanks to all those who took the time to come up with a design for the new school football badge. We had lots of interesting designs and with some interpretation we came up with shortlist of 5 entries. These entries were presented to the chairman, Mrs New, and after some tough decision making we are delighted to announce the winners as follows;

3rd Place – Well done to Sienna Larman in Parrots, Year 4, and you will receive a £10 Gift voucher for use in the football tuck shop.

2nd place - Well done to Leyton Hurrell in Eagles, Year 4, and you will receive a family ticket to watch an MK Dons home game in the current 2016-2017 season

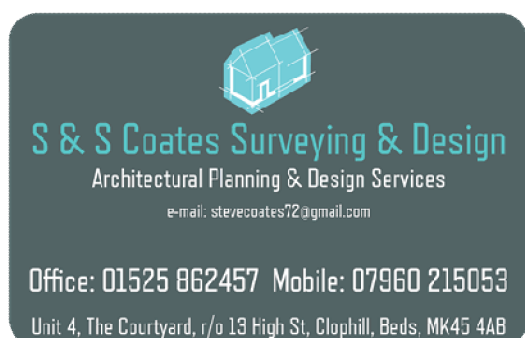
1st Place – A huge congratulations and pat on the back to Harry Bardhak-Atkins in Parrots, Year 4, whose design was considered to be the most effective and encompassed all elements of the current school and football badges. This will be professionally interpreted and converted to a high resolution PDF and used on all FLUFC products, kits, training wear and correspondence from 2017/18 onwards. Harry will be presented with a souvenir plaque of the badge and can take pride in the fact that the school will be adopting this badge going forward, leaving a permanent mark on the school and club.

We will arrange for the prizes for 2nd and 3rd place to be issued ASAP.

The winners prize will take a tad longer to get professionally designed but we will also throw in a complimentary £10 tuck shop voucher for Harry.

Thank you again to all who took part.

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ENQUIREFLUFC@GMAIL.COM AND ASK TO BE ADDED TO OUR NEWS LETTER MAILING LIST.

THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER AND WE LOOK FORWARD TO SEEING YOU AT A FORTHCOMING MATCH SOON.

THE COACHES, CHAIRMAN & SECRETARY AT FLUFC.