



NEWSLETTER

SATURDAY 1st OCTOBER 2016

GAME WEEK 4

IT HAS BEEN ANOTHER VERY BUSY WEEK AT FLUFC WITH TWO PIECES OF VERY EXCITING NEWS FOR THE YEARS ONES & FOUNDATIONS. WITH THEIR FIRST MATCH COMING UP AND A NEW SPONSOR ON BOARD (SEE BELOW FOR FURTHER DETAILS). IT HAS DEFINITELY BEEN A GREAT START TO THE SEASON FOR THE NEWLY FORMED TEAM AND COACH DENE. HIS EFFORTS AND ENDAVOURERS HAVE BEEN PIVOTAL IN MAKING THESE DEVELOPMENTS HAPPEN AND ARE APPRECIATED BY ALL AT THE CLUB. FOR THE 2017 SEASON. WE WILL REQUIRE A COACH TO TAKE OVER THE YEAR 1 & FOUNDATION TEAMS AS DENE MOVES UP WITH HIS CURRENT YEAR 1 GROUP, SO IF YOU RE CONSIDERING COACHING, WE WOULD LOVE TO HEAR FROM YOU. THANKS FOR YOUR CONTINUED SUPPORT.

EMAIL: ENQUIREFLUFC@GMAIL.COM

YEAR 4 MATCH REPORT: REST WEEK

COACH: DAN KING **PLAYER/S OF THE MATCH:**
NEXT FIXTURE / TRAINING: 8th OCTOBER 9AM KO - AWAY VS HARLINGTON - MEET @ 8.40AM

**TUCK SHOP OPEN
THIS SATURDAY**



YEAR 3 TRAINING REPORT: TRAINING THIS WEEK CONSISTED OF CONTROL WORK AS WELL AS SOME WORK ON POSITIONING, TRYING TO GET THE KIDS AWARE OF THE SPACE AND THE ROLE/RESPONSIBILITY OF EACH POSITION. HOME MATCH THIS WEEK AGAINST MAULDEN, HOPING TO CONTINUE OUR UNBEATEN START TO THE SEASON.

COACH: RUSSELL HILTON **PLAYER/S OF THE MATCH:** NA
NEXT FIXTURE / TRAINING: 8th OCTOBER 10 AM KO - HOME VS MAULDEN

YEAR 2 TRAINING UPDATE: PLEASE LET ME START THIS WEEKS REPORT BY WELCOMING JACK TIMPSON TO OUR SQUAD AND WHAT A START HE HAS HAD. IT IS OBVIOUS THAT JACK HAS LOADS OF TALENT AND POTENTIAL, AND CONGRATULATIONS TO HIM FOR WINNING PLAYER OF THE WEEK, THIS WAS GIVEN TO HIM ON MERIT AND THE OTHER PLAYERS CHOOSE HIM WHEN I ASKED WHO THEY FELT HAD WORKED HARD AND PERFORMED. LAST SATURDAYS SESSION WAS GREAT FUN FOR ME AS ALL THE PLAYERS WERE ON TOP FORM AND CARRIED OUT THE DRILLS WITH LOADS OF ENERGY AND ENTHUSIASM, WE DID SOME DIFFICULT DRILLS AND THE PLAYERS DEALT WITH IT WELL. THE 2 WINNERS OF "KING OF THE RING" WERE AREN AND ADAM SO WELL DONE YOU TWO.

WE HAVE A MASSIVE GAME ON SATURDAY MORNING WHEN WE TAKE ON GP AT HOME KICKING OFF AT 9.00 SO PLEASE CAN THE PLAYERS ARRIVE AT 8.30. ALSO MAKE SURE THAT THEY ARE TUCKED UP IN BED EARLY AND NO CLUBBING.

NOTE FROM COACH STEVE: AS PARENTS IT IS VERY IMPORTANT THAT WE MAINTAIN OUR POSITIVITY AND WE APPLAUD OUR ACHIEVEMENTS AND ALSO THE OTHER TEAMS ACHIEVEMENTS I.E. GOALS SCORED, GOAL KEEPERS SAVES, TACKLES ETC, THERE WILL BE TIMES THAT WE (AS COACHES) ASK THE PLAYERS TO DO CERTAIN THINGS TO IMPROVE THEM AS PLAYERS THAT YOU WON'T BE AWARE OF SO PLEASE DON'T SHOUT AT YOUR CHILD TO GET FORWARD, GET BACK OR ANY OTHER COMMENTS AS THEY GET CONFUSED AND WON'T ENJOY THEMSELVES AS MUCH. IT IS SO IMPORTANT TO PETER AND MYSELF THAT THE PLAYERS MAKE THEIR OWN DECISIONS AND ALL OF US APPLAUD THE INTENTIONS OF THE PLAYERS RATHER THAN RESULT THAT MAY NOT BE EXECUTED AS INTENDED. THANKS FOR YOUR SUPPORT. **ST**

COACH: STEVE TAVINOR - **PLAYER/S OF THE MATCH:** JACK TIMPSON
NEXT FIXTURE / TRAINING: 8th OCTOBER 9AM KO - HOME VS GP - MEET @ 8.30AM



**TUCK SHOP
OPENING 8th
OCTOBER**



YEAR 1 & FOUNDATION TRAINING UPDATE: EXCITING WEEKEND AND WEEK FOR FOUNDATION & YEAR 1 FOOTBALL. FIRSTLY THANK YOU AGAIN FOR SUCH AN AMAZING TURN OUT, 16 KIDS ATTENDED TRAINING AND I CAN'T THANK YOU ENOUGH. THE TRAINING SESSION WAS REALLY ENJOYABLE. WE TOOK PART IN DRIBBLING DRILL RACES AND EVERY CHILD WAS BRILLIANT, WE REVISITED OUR MOVES AND STARTED TO LOOK AT ATTACK AND DEFENCE WITH ONE ON ONE'S, SOME GOALKEEPING SKILLS AND FINISHED WITH A GAME WHICH ENDED 0-0 (PUT DOWN TO GOOD DEFENDING). MY STAR PERFORMERS THIS WEEK WERE LAYTON HAWKINS WHO HAS VASTLY IMPROVED OVER THE PAST FEW WEEKS, HENRY SHEEHAN & OLIVER RULTON.

FOUNDATION & YEAR ONE HAS A NEW KIT SPONSOR AND EVERY CHILD WILL BE GETTING THEIR OWN FLITWICK LOWER KIT, WHICH WILL INCLUDE SHIRT, SHORTS AND SOCKS. THESE WILL BE AVAILABLE IN THE NEXT COUPLE OF WEEK'S. EVERY CHILD WILL GET TO CHOOSE THEIR OWN NUMBER. I WOULD LIKE TO SAY A BIG THANK YOU TO LISA LILLY (MICHAEL FROM FOUNDATIONS MUM). THE SPONSOR COMES FROM LISA'S LOCAL BUSINESS 'FLITWICK INSIDE OUT' A COMPANY THAT SPECIALISES IN DOMESTIC CLEANING; WASHING, CARPET CLEANING, OVEN CLEANING, GENERAL CLEANING AND EXTERIOR SUCH AS WEEDING, LAWN MOWING, TRIMMING, PAINTING, POWER WASHING, FENCE/ SHED PAINTING AND MORE.

LISA'S CONTACT DETAILS ARE 01525 794898 OR 07799481373.

YEAR 1 & FOUNDATION CONTINUED:

ON ANOTHER NOTE OUR YEAR ONE'S WILL HAVE THEIR FIRST GAME OF THE SEASON AGAINST HARLINGTON ON THE 15TH OCTOBER 2016. UNFORTUNATELY FOUNDATIONS WON'T BE ABLE TO COMPETE IN THIS GAME DUE TO THE FACT MOST SCHOOLS DO NOT START FOUNDATION FOOTBALL UNTIL AFTER HALF TERM. HOWEVER TRAINING WILL STILL BE ON FOR FOUNDATIONS AND FROM AFTER HALF TERM FOUNDATIONS WILL BE INCLUDED IN EVERY MATCH

COACH: DENE WALSH - **PLAYER/S OF THE WEEK:** LAYTON HAWKINS, HENRY SHEEHAN & OLIVER RULTON

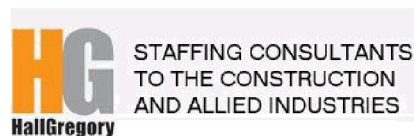
NEXT FIXTURE / TRAINING: 8th OCTOBER @ 9AM - TRAINING @ SCHOOL

WE WOULD LIKE TO EXTEND OUR THANKS TO:

FLIGHT DESIGN

13A CHAPMAN ROAD, LONDON, E9 5DW | T: 020 8980 1000 | E: INFO@FLIGHTDESIGN.CO.UK | W: FLIGHTDESIGN.CO.UK

AND



T : 01442 500 760 E : recruitment@hallgregory.com

FOR THEIR GENEROUS DONATIONS

YOUR COMPANY NAME COULD BE HERE.

PLEASE CONTACT US IF YOU WISH TO SPONSOR A SECTION IN THIS NEWSLETTER

EMAIL: ENQUIREFLUFC@GMAIL.COM

CURRENT SPONSORSHIP & OPPURTUNITIES:

WE WOULD ALSO LIKE TO EXTEND OUR THANKS TO THE FOLLOWING PEOPLE. IF YOU ARE CONSIDERING FILLING ONE OF THE SPACES LISTED BELOW WE WOULD LOVE TO HEAR FROM YOU:

YEAR 4: SHIRT SPONSOR	BORDER ENGINEERING	
JACKET SPONSOR	BORDER ENGINEERING	
YEAR 3: SHIRT SPONSOR	S&S COATES SURVEYING & DESIGN	
JACKET SPONSOR	WWW.HILLSANDHEADWINDS.COM	
YEAR 2: SHIRT SPONSOR	MYPROTEIN	
JACKET SPONSOR	MYPROTEIN	
YEAR 1: SHIRT SPONSOR	FLITWICK INSIDE OUT	
JACKET SPONSOR	AVAILABLE FOR 2017	EMAIL: ENQUIREFLUFC@GMAIL.COM

FLITWICK LOWER UNITED HAS BEEN IN EXISTANCE FOR A NUMBER OF YEARS AND OWES A LOT TO PAST AND PRESENT SPONSORS AND THE TIME AND EFFORT PUT IN BY THE COACHES, VOLUNTEERS AND PARENTS WHO CONTINUE TO SUPPORT THE CLUB. WE WILL ALWAYS WELCOME NEW PEOPLE, SPONSORS, PLAYERS AND PARENTAL SUPPORT TO HELP THE KIDS AND CLUB THRIVE.

IF YOU WOULD LIKE TO HELP, PLEASE CONTACT US VIA EMAIL OR SPEAK DIRECTLY TO YOUR TEAM COACH.

IF YOU WOULD LIKE TO RECEIVE AN EMAIL COPY OF THIS NEWSLETTER PLEASE EMAIL US AT ENQUIREFLUFC@GMAIL.COM AND ASK TO BE ADDED TO OUR NEWS LETTER MAILING LIST.

THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER AND WE LOOK FORWARD TO SEEING YOU AT A FORTHCOMING MATCH SOON.

THE COACHES, CHAIRMAN & SECRETARY AT FLUFC.