



Established 2002

FLUFC NEWSLETTER

SATURDAY 14th JANUARY 2017

GAME WEEK 16

Welcome again and we hope all our players are enjoying being back to the hard work of training and playing.

We have two exciting opportunities for you to join us and help to provide a safe and enjoyable environment for players to learn and have fun. Please see further details below. These positions need filling to maintain football at the school so please get in touch if you are interested. Also, please don't forget the clock is ticking towards the closing date on the 'Design a badge' competition so don't miss out on this unique opportunity to stamp your mark on the club.

SCHOOL PITCHES/FOOTBALL BOOTS

As a result of weather conditions the pitches at the school are starting to become unplayable and hence this weekend both training sessions will be held on the far pitch. As parents, we have no objections in you going to that side of the pitch to watch the training session but please do your utmost to ensure that the children REMOVE their boots before walking across the main patio area and indeed the car-park. In order to maintain good relations with the school a lot of time is spent afterwards sweeping mud back on the pitch. The patio area by the side of the closest pitch has a yellow line and if your children could change footwear in this space before going elsewhere it would be hugely appreciated by all concerned.

TUCK SHOP

The tuck shop was introduced successfully towards the end of last year and its purpose is to supply refreshments for parents and players and also to raise money for the school football side of things. Without the tuck shop, sponsorship etc, the club would struggle to survive without direct funding from the school and this is something we want to avoid. We look to run the tuck shop on weekends where matches and training sessions are taking place but we need volunteers to help take turns running the stall. Without volunteers, the Tuck Shop will be unable to continue, as has been the same problem in previous years.

Please contact myself, Steve Coates, or Jon England to express an interest in helping out. We are more than happy to set the tuck shop up and pack it away but on weeks when Year 3 are playing away it is impossible for myself and Jon to run it. It is in the interests of EVERYONE that the tuck shop runs and makes money.

As always, we love to hear from you so please don't be a stranger and feel free to contact us at any time.

EnquireFLUFC@gmail.com

Year 4 Training Report: Extended thanks to Steve Tavinor for stepping in.

We had a good training session Saturday and it was nice to meet new boys and coach some familiar faces. We ran through a few drills to keep warm and finished with a game in an attempt to keep warm as it was quite fresh. I really enjoyed the session and thanks to all who were involved.

Coach: Neil Hannam Players(s) of Match: n/a

NEXT FIXTURE/TRAINING: Away match v The Firs at Woodlands School. Kick off 10am but arrive for 9.45am please.

YEAR 1 COACH REQUIRED 2017-2018 SEASON

For the 2017 – 2018 season onwards, we require a coach to take over the current Foundation year as they become year 1 and incorporate the new Foundation year. In return, you will receive fully club funded training, including the FA approved level one coaching badge should you wish to progress this far, and also get to work with a new intake of players.

You do not need to be a parent/guardian but must be interested in coaching fun and inclusive sessions and working with the team through the year groups. We are looking to get a coach on board and trained by the end of the current season, ready for the 2017/18 season.

If you are considering joining us, we would love to hear from you. If you fancy a trial session with one of our current coaches then please get in touch on the email address above.

WELFARE OFFICER REQUIRED

For the 2017–18 season onwards we are looking for a new Club Welfare Officer to take over from the current officer and help us maintain a safe and secure environment for all our players to enjoy. You would work in conjunction with the football secretary, Steve Coates, and chairman, Mrs New. Please contact Steve Coates on 07960 215053 for further details if you are interested.

Year 3 Training Report:

Flitwick Lower entertained Wootton Lower on Saturday. It was a cold and wet morning, so well done to all the players who took part. We had a full team, so most players were on the pitch for 2 out of the 4 quarters. Every player was outstanding, we defended, passed and attacked in a positive way during the game. In the first half, we were exceptional with our defending and passing. Josh and Harry, talking to each other in the defensive positions. Oscar making some unbelievable last ditch tackles to make sure we didn't concede an early goal. George, Oliver and James making some great runs from midfield providing chances, which resulted in assists to team mates. Scarlett was on form in front of goal 3 times in the first half, taking early and timely shots which hit the back of the net, when assisted by George on 2 occasions and Oscar. James, scored a cracking goal after being put through by Fin. James then returned the compliment a minute later by passing to Fin to score. Harry then was on the score sheet from defence, after a great run by Oliver. Jamie and Oliver, stayed alert when called upon in goal. Wootton, pulled a goal back towards the end of the 1st half.

Wootton had a few chances early on in the second half, but we defended solidly. We started the second half, similar to the first, with a positive attacking display. Josh scored a well-deserved goal from close range after Will had a blocked effort and George who had been creative throughout, got 2 goals which he was delighted about. James got a powerful second from a Harry throw in. Scarlett, showing composure, was then on target 3 more times to end the game with 6 goals. The last 2 of her goals assisted by George from huge long goal kicks. Harry then hammered in his second to complete the goal rout.

Overall I was very impressed, with the numerous chances created and that we learnt to always keep a player back at all times to prevent any counter attacks from the opposition.

It was also pleasing that all our throw ins went forward down the line, to start an attack, rather than going backwards to a defensive position. Player of the match, could have gone to anyone. 2 players jointly deserved it, Oscar for his fantastic defensive tackles and George for providing 4 assists for Scarlett.

Coach: Russell Hilton / Steve Headland Players(s) of Match: Oscar and George

NEXT FIXTURE/TRAINING: Training at school – 9am. Session will be taken by Year 1 coaches Dene Walsh & Jose Sanchez. Our thanks to them for supporting our Year 3 team in Russell Hilton's absence.

Year 2 Training Report:

We worked on close control, dribbling and moving into space. To warm up everyone dribbled a ball around a square doing all different types of turns and small sprints. Next we had a few games of King of the Ring. Aren and Max VDM both won a game each in this. After the warm up we split up into 4 teams of 2. All 8 players were in one big square with 4 little goals within the square. The aim was to work in pairs to find space and score goals. Everyone found this fairly difficult as when you had the ball you would have 6 players trying to tackle you. Next we worked on dribbling in and out of slalom poles. All players worked very hard on this and were excellent. The key was to keep the ball very close. The poles got closer together as the players dribbled through to the end. After this we played a 4v4 match. The goals were very small and the pitch very narrow. The idea of this was to work on trying to find space and keep the ball close and in tight spaces. Lastly we had a fun penalty shootout. Aren and Lucas made it to the final of this with Lucas eventually winning. Player of training was Bailey. His close control and dribbling was exceptional.

Coach: Steve Tavinor and Peter Nemeth Players(s) of Match: Bailey

NEXT FIXTURE / TRAINING: Match v The Firs at Redbourne 3G – KO 11/15am – Meet at 11am

Foundation/Year 1 Training Report:

Muddy, wet and fun on Sunday as the children worked really hard in their session. We worked on a new Arrival Activity where they worked in two's and developed their communication skills by calling for the ball, rotating and deciding when to Keep, take or overlap the ball. Working in a big circle and little circle they combined well and grasped the concept fantastically well. Continuing to develop from our original activity we moved on to playing handball, the main objective to start was to keep possession and throw the ball around to all their team mates to get a point for their team, following this we introduced to goals which they would have to roll on the floor to score. We then adapted that by putting the ball on the floor to see how the players had learnt from everything in the session. Went really well and they finished a little match between them 2-2. We then warmed down by facing the mums & dads, showing off some Dabs and wiggling to the delight of the crowd. The children this week were judged by Bailey's sisters and they chose Maxi Conquest because he worked really hard & Thomas Chester who worked really hard and really thought about what he had learnt. MOM's Maxi Conquest & Thomas Chester.

Coach: Dene Walsh and Jose Sanchez Players(s) of Week: Maxi & Thomas

NEXT MATCH/TRAINING: Saturday at School – 10am.

COMPETITION TIME!!

From the 2017/18 season onwards, we are looking to update and refresh the football team badge and who better to design it than our very own players and fellow students. There are a few rules which are detailed below and the winner will be announced during the spring of 2017. Entries can either be drawn by hand or computer generated and must follow these guidelines:

The badge must contain the full name of the club somewhere on it – Flitwick Lower United FC.

The badge must be predominantly coloured yellow and black. A link to the school badge / logo.

The badge should show the club year of formation (2002). The badge can be any shape, but please use the clear area on the next page.

Entrants must be a current student attending the school. Please use the form on the next page

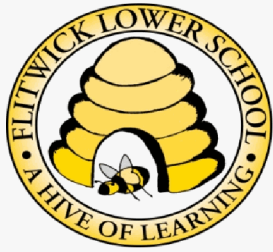
PRIZES

1st – The winners logo will be professionally converted to a high resolution PDF and used on all FLUFC products, kits, training wear and correspondence from 2017/18 onwards

2nd – A family ticket to watch MK Dons this season

3rd – A £10 Gift voucher

All entries must be submitted by 4pm on Saturday 28th January and can be handed in to the tuck shop, emailed to the club or handed to your coach. The judge's decision will be final and announced in spring 2017.




COMPETITION ENTRY FORM

HAVE FUN, BE CREATIVE AND STAMP YOUR MARK ON YOUR CLUB

Name:	Class:
Contact No & Email address:	

WE WOULD LIKE TO EXTEND OUR THANKS TO:



S & S Coates Surveying & Design
Architectural Planning & Design Services
e-mail: stevecoates72@gmail.com

Office: 01525 862457 Mobile: 07960 215053
Unit 4, The Courtyard, r/o 13 High St. Clophill, Beds, MK45 4AB

Flitwick
Inside Out 

THANKS TO OUR TUCK SHOP SPONSOR



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FARNBOROUGH
HAMPSHIRE
GU14 7PG

YOUR COMPANY NAME COULD BE HERE FROM AS LITTLE AS £25. PLEASE SUPPORT US IN 2017. ALL FUNDS RAISED ARE INVESTED DIRECTLY BACK INTO FLUFC.

PLEASE CONTACT US IF YOU WISH TO SPONSOR A SECTION IN THIS NEWSLETTER

EMAIL: ENQUIREFLUFC@GMAIL.COM

ENQUIREFLUFC@GMAIL.COM AND ASK TO BE ADDED TO OUR NEWS LETTER MAILING LIST.

THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER AND WE LOOK FORWARD TO SEEING YOU AT A FORTHCOMING MATCH SOON.

THE COACHES, CHAIRMAN & SECRETARY AT FLUFC.