



Established 2002

FLUFC NEWSLETTER

SATURDAY 25th FEBRUARY 2017

GAME WEEK 22

Welcome to our weekly newsletter with details of last weekends action and this week's upcoming arrangements. We have carried out a midweek pitch inspection and the recent sessions/matches, combined with the wet weather, have taken their toll on the school field. The upcoming weather forecast isn't great and we will inspect the field again on Friday so please be aware there is the potential for no home games or training this weekend.

SCHOOL PITCHES/FOOTBALL BOOTS

We would remind you bring a change of footwear for your children to change into pitch side before walking off across the patio and car park areas. Your efforts to date are much appreciated by the parents and coaches who sweep the patio and car park at the end of the Saturday morning sessions.

As ever, if you wish to get in contact or get involved with helping to support and run the club then please contact us on the e-mail address below or speak to your coach. The tuck shop will hopefully be up and running this weekend and remember all proceeds go back into the club.

EnquireFLUFC@gmail.com

Year 4 Training Report:

Last week the Year 4's entertained Silsoe Knights in one of this years most anticipated games, seeing the last visit ending with both teams scoring a collective 18 goals.

With the largest crowd capacity recorded in 2017, Flitwick Lower came out all guns blazing pinning the Silsoe defence back within their own half, and rarely venturing over the half way line. Some explicit play between the hardworking duo of Dylan and Jack, supported by Joe and Charlie down the flanks, saw Flitwick Lower starting to ripple net as the flood gates opened. Joe worked hard up and down the pitch getting in some excellent positions, with Charlie and Leyton linking up well with some slick 1 – 2 touch football which was rewarding to see.

The shot of the match came from Dylan who stood outside on the wing near the half way line and spotted the keeper off his line. He pulled back the trigger and released a shot that went like a rocket just scraping the cross bar. Sam was like a brick wall in goal, pulling off brave saves at the strikers feet and with a solid defence consisting of Harry, James and Finlay, it was almost impossible for Silsoe to break through. James made some great sliding tackles and as usual, Harry was immense in the air clearing any high balls with his head, but Finlay saved our blushes on two occasions when he found he was the only defender back as Silsoe counter attacked with 3 players, but Finlay executed perfectly timed tackles to stop the break through and help Flitwick Lower sail through to a glorious victory.

Coach: Neil Hannam Players(s) of Match: The Whole Team

NEXT FIXTURE/TRAINING: Training – 9am at school unless advised otherwise

Year 3 Match/Training Report:

Year 3 played away to Ramsey Warriors. We were looking to keep hold of our unbeaten run during the season. The opposition were the tallest we had come up against and towered over nearly all of our players. We started the first half very brightly, quick to the ball, keeping hold of possession early on and creating numerous chances. Oliver was making some great saves in goal and alert to gather the ball quickly after he had dived to make the stop. Oscar and Harry were superb in defence, with no nonsense tackles and covering each other if the ball was lost. George and Scarlett were making runs from midfield and keeping hold of possession. James was having some shots on goal and unlucky not to score. We were having consecutive corners in the first half but unable to score from them. Then Will came on, made a skilful run and passed to Jamie, who scored with his first effort on goal. A well deserved goal after all the possession. James, then had a dribble, looked for a through ball to Jamie, who made no mistake passing the ball into the bottom corner of the goal. 2 nil up and all was well. Ramsey then stepped up a gear and made numerous attacks on our goal, Oliver making some great saves, with Harry and Oscar clearing the ball. James, then unlucky not to score a free kick. Ramsey got a goal back before half time and we let our heads go down a touch. The second half started and Ramsey were quick on the ball, within minutes of the half beginning they had made it 2-2 with a long range shot. George, Josh, Will and Scarlett were all winning the ball all over the pitch. Harry and Scarlett combined, passed to Will who had a long range shot, which the keeper was unlucky not to save as he pushed it on to the post and went in. Good attacking runs by Harry down the right and Josh in the middle. Oliver making some hefty tackles in defence and bringing the ball forward down the left side. Nice to see Jude making a couple of fantastic challenges in midfield. Then Scarlett made a run from defence, Josh picked up the ball in front of goal and put it in the back of the net, to make it 4-2. Great to see how happy Josh was when he scored.

Overall an excellent performance from everyone. The game could have gone either way but we were so pleased that every player wanted to challenge for the ball against a big opposition and everyone who had a turn in defence was so determined to win the ball. P.S Thanks Jon for getting a few balls out of that annoying prickly hedge !

Coach: Russell Hilton & Steve Headland

Players(s) of Match: Oliver and Scarlet

NEXT FIXTURE/TRAINING: Training – 10am unless advised otherwise

WE WOULD LIKE TO EXTEND OUR THANKS TO:



Flitwick
Inside Out

DATES FOR YOUR DIARY – 2017

YEAR 4 TOURNAMENTS (AWAY)

11TH JUNE 2017

TEMPLEFIELD

8TH JULY 2017

HARLINGTON

YEAR'S 2, 3 & 4

1ST JULY 2017

FLITWICK LOWER SCHOOL TOURNAMENT

PLEASE NOTE ABOVE DATES ARE SUBJECT TO CHANGE.

Year 2 Training Report:

We had a training session at the school on Saturday and after a couple of matches it was good to get back to basics, all of the players seemed to enjoy themselves.

We concentrated on running at pace with the ball under control and developed it into using are bodies to fend off players and look after the ball. I really enjoyed the session, congratulations to Adam for getting the trainer of the week, it was great to see him on form and concentrating. He pulled off some great saves in our end game, well done Adam and please can you bring the mom award to Russell lower school Saturday.

Please can we all arrive on time and be ready to start on time as we only get an hour a week. As always thank you to Jon, Steve and Sonya for the roles.

We have the long drive to Russell lower school in Ampthill this Saturday kicking off at 9am please arrive in time to start warming up at 8.45, can we ensure the players are tucked up in bed early as we will need all our energy to get a result there.

Coach: Steve Tavinor and Peter Nemeth Players(s) of Match: Adam

NEXT FIXTURE / TRAINING: Away match v Russell Lower, kick off 9am, arrive 8.45am

Foundation/Year 1 Training Report:

Big numbers and a good turnout for Foundations & Year one and our key focus for the day was on 'Movement'. We got the team started with a couple of fun games, the first game involved them counting in pairs, 1,2,3 and then we would add certain moves to replace numbers. The grasped the concept well, and we progressed the fun by getting them to shout out numbers randomly which added a leadership and communitive aspect to it for the players to lead. We played another game which was 'Head, Shoulders, knees and toes', the players would stand opposite each other and ensure they can both reach the ball. I would shout commands that they would action with their hands and when I shouted Ball, the players would try and drag the ball back as fast as possible. The object was to beat the other player. The main practice started in 3 teams, in a grid square with two safety zones. The object was that all the players would have a ball and one team would have to chase others with ball at their feet and tag as many as they can. If a player was tagged they would go in the safety zone and do either Jumps, Side Steps or kick ups and go straight back in. The prime objective was for players to be aware of players approaching and moving in different directions to ensure they are not caught. After each team had a go, we progressed this on to another Square grid with 4 corners, which were manned by myself and Jose and kindly volunteered by Colin. This time when someone was tagged they would pick a corner and be given a quick task to do, again involving hops, skips, kick ups. We finished with two games to look at how the movement progressed. Our man/ Lady of the match this week went to Hannah Misson & Bailey Sanchez who will both receive their certificates this week. Both worked really hard and scored an impressive 15 goals combined with Hannah scoring 7 by herself and even challenging herself to score with her other foot.

Coach: Dene Walsh and Jose Sanchez Players(s) of Week: Hannah Misson & Bailey Sanchez

NEXT MATCH/TRAINING: Training at School 11am unless advised otherwise

YOUR COMPANY NAME COULD BE HERE.

PLEASE CONTACT US IF YOU WISH TO SPONSOR A SECTION IN THIS NEWSLETTER

WE WOULD ALSO WELCOME SPONSORS TO CONSIDER SUPPORTING THE MAIN SCHOOL FOOTBALL TOURNAMENT ON SATURDAY 1ST JULY 2017. IN RETURN THEY WILL BE GUARANTEED ADVERTISING SPACE IN THE PROGRAMME AND ALSO GIVEN THE OPPORTUNITY TO HAVE PITCHSIDE BANNERS

EMAIL: ENQUIREFLUFC@GMAIL.COM

YEAR 1 COACH REQUIRED 2017-2018 SEASON

For the 2017 – 2018 season onwards, we require a coach to take over the current Foundation year as they become year 1 and incorporate the new Foundation year. In return, you will receive fully club funded training, including the FA approved level one coaching badge should you wish to progress this far, and also get to work with a new intake of players.

You do not need to be a parent/guardian but must be interested in coaching fun and inclusive sessions and working with the team through the year groups. We are looking to get a coach on board and trained by the end of the current season, ready for the 2017/18 season.

If you are considering joining use, we would love to hear from you. If you fancy a trial session with one of our current coaches then please get in touch on the email address above.

PLEASE FEEL FREE TO SPREAD THE WORD AS WE DO NOT WANT OUR CURRENT FOUNDATION CHILDREN, AND THE NEXT YEARS GROUP OF FOUNDATION CHILDREN, LEFT WITHOUT A COACH AS THEY WILL THEN MISS OUT ON SCHOOL FOOTBALL AT A KEY STAGE IN DEVELOPMENT.

IF YOU WOULD LIKE TO RECEIVE AN EMAIL COPY OF THIS NEWSLETTER PLEASE EMAIL US AT ENQUIREFLUFC@GMAIL.COM AND ASK TO BE ADDED TO OUR NEWS LETTER MAILING LIST.

THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER AND WE LOOK FORWARD TO SEEING YOU AT A FORTHCOMING MATCH SOON.

THE COACHES, CHAIRMAN & SECRETARY AT FLUFC.