



Established 2002

# FLUFC NEWSLETTER

SATURDAY 26th NOVEMBER 2016

GAME WEEK 12

Welcome to another week of football at Flitwick Lower School. Details of last weeks and this week's upcoming training sessions/matches are included.

Last weekend saw a full house at Temple Way and the hot food trial at the tuck shop was a huge success. Thanks to all those who showed their support which resulted in a record breaking profit!! As always, all funds generated are used to improve the football offering at the school.

As you may or may not be aware, next season will be our 15<sup>th</sup> year in existence. To kick off these celebrations early and to give the boys and girls something to do over the Christmas break, we are running a special competition. All entrants have the chance to design a new school football team badge which, from the 2017/18 season, will be used on all new kits, merchandise and correspondence. Further details can be found below.

As always, any comments or feedback are welcomed and if you would like to contact us regarding sponsorship, volunteering, coaching opportunities or for any general enquiry the please contact us via the following e-mail address;

**EnquireFLUFC@gmail.com**

## Year 4 Training/Match Report:

The Year 4's were back to training this week and yet again the lads showed their commitment braving the cold weather and putting in another great session. With Assistant Head Coach Simon Stokes taking the lads through their paces with precision passing and ball control, Head Coach Neil Hannam spent half the session training future England Number 1 Sam. Sam's development over the last month has been immense and he is now starting to shows of becoming an excellent goalkeeper. Then it was time for a training match where the boys were required to show the key attributes they had learnt over the last month and bring these into the game.

- Sam came off his line to narrow the angle down and his distribution from goal kicks was superb
- Jack utilised the 3 touch rule to shred the defence apart with some superb passes to the striker to create chance after chance
- Dylan was immense and battled hard from end to end, defending like a lion and turn defence into attack very quickly
- Birthday boy James showed position awareness and zonal marking rather than chasing the ball, and he converted an excellent penalty at the end of the game
- Charlie put on the gloves and went into the sticks to show he can also perform very well as a goalkeeper making it almost impossible for the strikers to score
- Harry showed great ball control in the middle of the park and spent a lot of his time rolling around in the mud like most of continental players trying to win a free kick
- Liam was full of energy racing around and putting challenges in and anticipated the passes with accuracy
- Leyton's performance as the striker was top class as he showed fantastic strength to shield the ball whilst waiting for support and created a number of chances to score
- And finally the fox in the box, Joe, he opted for the wide position and utilised the space down the flank and his crosses were some of the best I have seen at this level

**Coach: Neil Hanman    Players(s) of Match: Charlie**

**NEXT FIXTURE: There is no training or match this weekend. Enjoy your Saturday off.**

### Year 3 Training/Match Report:

We worked on how a goalkeeper needs to come off the line to narrow the angle of the goal when the opposition are shooting. We practiced dribbling and shooting with both feet, 1 on 1 defending when you are the last defender, heading the ball and control of a volley. A big welcome to George who played well in goal and on the pitch, Jude has started to pass the ball better as well.

**Coach:** Russell Hilton / Steve Headland    **Players(s) of Match:** n/a

**NEXT FIXTURE / TRAINING:** Home match v Wootton , kick off 9am. Please arrive for 8.45am latest, any change of time or location due to weather will be advised

***YOUR COMPANY NAME COULD BE HERE. PLEASE SUPPORT US IN 2017***

PLEASE CONTACT US IF YOU WISH TO SPONSOR A SECTION IN THIS NEWSLETTER

EMAIL: ENQUIREFLUFC@GMAIL.COM

### THANKS TO OUR TUCK SHOP SPONSOR



NEILCOTT CONSTRUCTION LIMITED  
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**Flitwick**  
**Inside Out** 

## COMPETITION TIME!!

From the 2017/18 season onwards, we are looking to update and refresh the football team badge and who better to design it than our very own players and fellow students. There are a few rules which are detailed below and the winner will be announced during the spring of 2017. Entrees can either be drawn by hand or computer generated and must follow these guidelines:

The badge must contain the full name of the club somewhere on it – Flitwick Lower United FC.

The badge must be predominantly coloured yellow and black.

A link to the school badge / logo.

The badge should show the club year of formation (2002).

The badge can be any shape, but please use the clear area on the next page.

Entrants must be a current student attending the school.

Please use the form on the next page

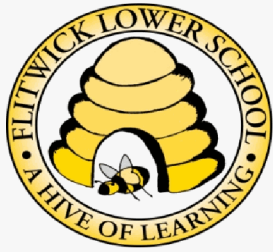
### PRIZES

**1<sup>ST</sup> – The winners logo will be professionally converted to a high resolution PDF and used on all FLUFC products, kits, training wear and correspondence from 2017/18 onwards**

**2<sup>nd</sup> – A family ticket to watch MK Dons this season**

**3<sup>rd</sup> – A £10 Gift voucher**

All entrees must be submitted by 4pm on Saturday 7<sup>th</sup> January and can be handed in to the tuck shop, emailed to the club or handed to your coach. The judge's decision will be final and announced in spring 2017.



## COMPETITION ENTRY FORM

HAVE FUN, BE CREATIVE AND STAMP YOUR  
MARK ON YOUR CLUB

A large, empty rectangular box with a thin blue border, intended for students to draw or stamp their mark on their club.

Name:

Class:

Contact No & Email address:

## Year 2 Training/Match Report:

I thought we had had our season highlight against GP when we beat them 6-5 but Saturdays game against Templefield was another big step up and we played as a team, it was very pleasing to put a few passes put together plus some strong runs through the middle from Jack, Adam and Max Van and also down the wings from Lucas, Aren and Max Med. Joel was man of the match for some excellent confident defending and scoring a great goal with Lucas continuing his great scoring form, thank you to the goal keepers who very nearly kept a clean sheet, which at this level of football is very hard to do. We ran out 2-1 winners but it could have been more. Well done all the players for listening and making some great decisions. Well done everyone from 2 very proud coaches !!! Also, as always thanks to Sonya and Steve for their roles but the biggest thank you is for Jonny and his cooking skills, bacon rolls to die for and great profits which we will all benefit from. Football at the school is great to be a part of and exciting times lie ahead.

**Coach:** Steve Tavinor and Peter Nemeth    **Player(s) of Match:** Adam & Amber

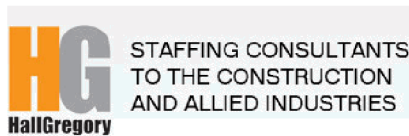
**NEXT FIXTURE / TRAINING:** Away match v Harlington. Kick off time 9am.

WE WOULD LIKE TO EXTEND OUR THANKS TO:

**FLIGHT DESIGN**

13A CHAPMAN ROAD, LONDON, E9 5DW | T. 020 8980 1000 | E. INFO@FLIGHTDESIGN.CO.UK | W. FLIGHTDESIGN.CO.UK

AND



T : 01442 500 760 E : recruitment@hallgregory.com

FOR THEIR GENEROUS DONATIONS

## Foundation/Year 1 Training Report:

**Training:** Nice and early training and a definite improvement in the weather saw myself and Jose working with the younger players in a more personal session as there was a scheduled match on after. We worked on dribbling skills, and worked on a nice new drill known as mirrors where an attacker moves from cone to cone, and the defender tracks the attack but doing the opposite. They grasped that brilliantly and we then moved to side foot passing aiming to pass between gates to our team mates. My man of the match was Max Norton. He was fantastic throughout, listened to every drill and executed them superbly. **MOM Max Norton**

**Flitwick Lower United 11 – 2 Maulden** - Tiana Walsh, Reagen Lamont, Oliver Rulton, Henry Sheehan, Thomas Chester, Nathan Graire, Bailey Sanchez, Sam King, Michael Lilly

Maulden came to visit us at Temple Way, in good conditions for football the guys and girls warmed up well in preparation for the game. A well prepared Maulden started well but our Flitwick team pressed the ball very well and pushed them back and we kicked off with a nice early goal. Maulden however after some good play pulled a goal back to bring the scores back to 1-1. From this step onwards the kids just pressed and pinned Maulden in their own half for pretty much the entire game, Sam, Nathan, Reagen & Henry operated and rotated in defence, Tiana got stuck in to every tackle in midfield and Bailey, Oliver & Thomas operated our attack and pressed from the front, and Michael came on with a good cameo and really enjoyed himself. Maulden got a late consolation goal but Flitwick had already got the result and enjoyed a successful 11-2 win and remain unbeaten. Thomas Chester scored 7 goals & Bailey scored 4, but the Man of the match went to Reagen Lamont, who was disciplined, listened throughout, tackled superbly and overall was fantastic. **MOM Reagen Lamont**

Next week Training is at time of 9am.

**Coach:** Dene Walsh and Jose Sanchez    **Player(s) of Week:** Reagen Lamont / Max Norton

**NEXT MATCH/TRAINING:** Training at school is from 9am unless otherwise updated.

**CURRENT SPONSORSHIP & OPPURTUNITIES:**

**We would liked to extend our thanks to the following people and local businesses. If you are considering filling one of these spaces listed below or would like to advertise your business or charity here then we would love to hear from you:**

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YEAR 1:	SHIRT SPONSOR	FLITWICK INSIDE OUT	
	JACKET SPONSOR	AVAILBLE FOR 2017	EMAIL: ENQUIREFLUFC@GMAIL.COM

**FLITWICK LOWER UNITED HAS BEEN IN EXISTANCE FOR A NUMBER OF YEARS AND OWES A LOT TO PAST AND PRESENT SPONSORS AND THE TIME AND EFFORT PUT IN BY THE COACHES, VOLUNTEERS AND PARENTS WHO CONTINUE TO SUPPORT THE CLUB. WE WILL ALWAYS WELCOME NEW PEOPLE, SPONSORS, PLAYERS AND PARENTAL SUPPORT TO HELP THE KIDS AND CLUB THRIVE.**

**IF YOU WOULD LIKE TO HELP, PLEASE CONTACT US VIA EMAIL OR SPEAK DIRECTLY TO YOUR TEAM COACH.**

IF YOU WOULD LIKE TO RECEIVE AN EMAIL COPY OF THIS NEWSLETTER PLEASE EMAIL US AT [ENQUIREFLUFC@GMAIL.COM](mailto:ENQUIREFLUFC@GMAIL.COM) AND ASK TO BE ADDED TO OUR NEWS LETTER MAILING LIST.

THANK YOU FOR TAKING THE TIME TO READ THIS NEWSLETTER AND WE LOOK FORWARD TO SEEING YOU AT A FORTHCOMING MATCH SOON.

**THE COACHES, CHAIRMAN & SECRETARY AT FLUFC.**