



INCREDIBLE PARENTING

A CHILD CENTRED APPROACH TO PARENTING

“Parenting Support”

Thursday 10th December - *** Please note this is new date due to the current lockdown.

Flitwick Lower School

Parenting can be complex and challenging at times for everyone.

Have you ever wanted the opportunity to speak with someone about your parenting worries, or do you have a particular issue that you would like some additional advice on?

Incredible Parenting are pleased to be working with Flitwick Lower School to offer parents the opportunity to book an appointment to discuss any aspects of parenting such as:

- *Raising self esteem
- *Managing challenging behaviours
- *Routines
- *Parental conflict
- * Confidence building
- * Rules & Boundaries
- *Emotional Resilience
- *School attendance

I am Kate Bentley one half of Incredible Parenting. I don't have a magic wand but I do have 20 years experience of supporting Children, Young People and their Families.

If you are interested in booking a session please contact school reception and complete a simple information form. All sessions are confidential.

For more information about me please take a look on www.incredibleparenting.co.uk

