



**FREE  
TO ALL  
BOOKING  
ESSENTIAL**

# An introduction to **Sensory processing**

**Suitable for those hoping to gain a further  
understanding of Sensory Processing**

*Training run by: Rachael Gartland  
(Specialist Paediatric Occupational Therapist & Sensory Integration Practitioner)*

## **The workshop aims to cover the following:**

1. The different senses.
2. Why sensory processing is important for our learning and development.
3. The types of behaviours that may be observed in a child with sensory processing difficulties.
4. How it feels for these children.
5. Strategies to promote a calm and organised child.

## **Sensory Processing Workshops**

Follow link to book onto a session

Wednesday 30<sup>th</sup> October 6.30pm – 8.00pm Dunstable South Children's Centre

<https://www.eventbrite.co.uk/e/an-introduction-to-sensory-processing-evening-tickets-74675455297>

Friday 29<sup>th</sup> November 9.45am – 1.00pm Leighton Buzzard Children's Centre

<https://www.eventbrite.co.uk/e/an-introduction-to-sensory-processing-tickets-73970641179>

Monday 16<sup>th</sup> December 9.45am – 1.15pm Shefford Children's Centre

<https://www.eventbrite.co.uk/e/an-introduction-to-sensory-processing-tickets-74703868281>

Friday 17<sup>th</sup> January 2020 9.45am – 1.00pm Flitwick Children's Centre

<https://www.eventbrite.co.uk/e/an-introduction-to-sensory-processing-tickets-74697418991>

Friday 21<sup>st</sup> February 2020 9.45am – 1.00pm Houghton Regis Children's Centre

<https://www.eventbrite.co.uk/e/an-introduction-to-sensory-processing-tickets-74699798107>



Bedford Borough Council and  
Central Bedfordshire Council  
working together

