



Whole School priority:	Led by:
To encourage healthy active lifestyles across the school both in Physical education sessions and daily life.	Physical, Wellbeing, Health and Lifestyles curriculum group SG, CM, AC, YB, LB. Governor links- I. Djabbarov & L. Misson

Context statement:
The Government is providing additional funding over the next year to improve the provision of Physical Education and sport in schools. The money has been provided jointly by the Departments for Education, Health and Culture and Media and Sport. At Flitwick Lower we use the funding to make additional and sustainable improvements that enhance the quality and provision of P.E and sport. This includes funding additional clubs and purchasing equipment to assist high quality provision. We also allocate funding to develop our staff members to ensure high quality teaching and learning and intend on continuing to up-skill staff in teaching all areas of Physical education and promoting healthy lifestyles.

Overview of priority developments	Proposed outcomes – Success criteria
<b>Use the sports premium to make additional and sustainable improvements that enhance and develop the teaching of PE, wellbeing and sport across school.</b>	<ul style="list-style-type: none"> <li>✓ Playground/social areas used to enhance physical development and wellbeing for all groups of learners, with a view to promote lifelong healthy choices and active lifestyles</li> <li>✓ Audit lunchtime provision and systems and provide training for lunchtime staff to support children’s behavior, wellbeing and physical activity</li> <li>✓ Teachers and support staff provided with training and resources to help them teach and support curricular PE and sport more effectively</li> <li>✓ Develop mindfulness practice throughout the school to support pupils’ mental wellbeing, self confidence and resilience</li> <li>✓ Enhance club provision across the school, with opportunities for all children to take part in extracurricular sports/health clubs</li> <li>✓ Both staff members and children have positive attitudes towards their health and wellbeing and want to take part in collective sport and wellbeing activities at school and in the wider community</li> </ul>

Priority Developments (Objectives)		Actions – How are we going to do this?	Success criteria	Timescales	Resources and finances	Responsible and Training
1. <b>Use the sports premium to fund additional and sustainable improvements to enhance and develop the teaching of PE, wellbeing and sport across school.</b>		<ul style="list-style-type: none"> <li>Continue with our subscription to the Redborne partnership which will provide 'Sainsbury's games' intra-school competitions for KS1 &amp; KS1. CPD opportunities for staff including training to up-skill lunch time supervisors. Links with local clubs and sport organisations promoted. (Level 2 package details in PE group folder)</li> <li>Provide specific training and resources for all staff teaching and supporting PE, sport and physical activity across the school; including support staff and lunch time staff</li> <li>Invest in staff and children's well being by providing sessions aimed at promoting self esteem, positive mindset and healthy lifestyles; such as mindfulness training and yoga sessions</li> </ul>	<p>-All children will be given the opportunity to take part in a 'Sainsburys games' sport competition provided by the Redborne partnership</p> <p>-Staff will attend all training opportunities provided by the Redborne partnership</p> <p>-Training for lunch time supervisors provided in promoting physical activities and healthy active lifestyles during lunch times</p> <p>-The playground and social areas to be used in promoting healthy and active lifestyles during curriculum tie and lunch times</p> <p>-Sessions provided by qualified practitioners for staff/children to take part in mindfulness healthy lifestyle activities</p>	Ongoing	Sports funding	PE group/class teachers
				Ongoing	Cover and course fees	JN/SG
				Autumn/Spring term		JN/PE curriculum group
				Ongoing	Sports funding	Lunch time staff/LB
Key Milestones	End of the Autumn Term	<ul style="list-style-type: none"> <li>Children to be provided with an opportunity to take part in sports events provided by the Redborne partnership (Mainly 2 teams per event)</li> <li>Staff to take part in sports/PE CPD opportunities provided by the Redborne partnership and external agencies</li> <li>Curriculum group to source well being/healthy lifestyles sessions for both staff and children (WOW days/twilight session for staff)</li> </ul>				
	End of the Spring Term	<ul style="list-style-type: none"> <li>Lunch time staff to attend training opportunities that promote healthy active lifestyles and how to achieve this when supervising games and activities at lunch times, using the new playground facilities</li> <li>Curriculum group to keep track of children attending events provided by the Redborne partnership to ensure all children in KS1/KS2 have been included in attending an event in the Autumn or Spring term</li> </ul>				
	End of the Summer Term	<ul style="list-style-type: none"> <li>Teachers and support staff to use specific CPD training to provide quality learning opportunities in PE sessions, teaching reflects good knowledge and skills in supporting physical education and next steps in development are outlined in planning</li> <li>All children in KS1/KS2 have had an opportunity to take part in at least one 'inter schools' competition and a range of 'inter school' competitions, including sports day, fun run and class v class competitions; such as tennis/netball matches during curriculum lessons</li> </ul>				



<p><b>3. Improve the provision of sports clubs/extracurricular sports events to support children's wellbeing and promote healthy lifestyles across the school.</b></p>		<ul style="list-style-type: none"> <li>🏆 Sports ambassadors will start their duties after training provided by the Redborne partnership and will conduct pupil surveys to gather children's suggestions of sports clubs. Ambassadors will promote healthy eating and health active lifestyles throughout school and community-ambassadors will create a half term newsletter to promote healthy active lifestyles across the school and wider community</li> <li>🏆 Enhance club provision in support of each KS2 'Sainsbury's games' festivals organised by the Redborne partnership (tennis, rugby, netball, athletics)</li> <li>🏆 Develop extracurricular clubs that promote lifelong healthy lifestyles and develop an appreciation of sport for all year groups (lunch time clubs provided by external agencies to promote active lifestyles and positive behaviour)</li> <li>🏆 Continue to set up links with local sports clubs. Promote sport opportunities in the wider community on PE notice board</li> <li>🏆 Curriculum group to source extra sports sessions for 'wow' days/extracurricular clubs/lunch time clubs that promote healthy, active lifestyles and wellbeing for all children and staff</li> <li>🏆 Apply for Redborne's KS1 sports award</li> <li>🏆 Apply for the Sainsbury's sports award</li> <li>🏆 Maintain 'Healthy School's' status</li> </ul>	<ul style="list-style-type: none"> <li>-Playleaders will set out/tidy away equipment daily and organise games for each year group</li> <li>- Playleaders will inform the curriculum group on the type of clubs children would like to attend and help staff in setting up clubs throughout the year</li> <li>-Children across school will have the opportunity to learn about healthy active lifestyles through taking part in extra-curricular clubs</li> <li>-Staff will provide children with the opportunity to take part in clubs throughout the year in support of the Redborne festivals provided</li> <li>-Curriculum group will email clubs and advertise physical activity opportunities in our local area</li> <li>- Curriculum group to source equipment to help support in the teaching of healthy active lifestyles</li> <li>-Curriculum group to research the sports premium and how the funding will impact our children's development in the long term</li> <li>-How is the funding helping to support the children in maintaining a healthy lifestyle?</li> </ul>	<p>Ongoing</p> <p>Autumn term 1</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Autumn term</p> <p>Ongoing</p>	<p>Update resources Sports premium funding</p> <p>External clubs/training -sports premium funding</p> <p>Sports premium funding</p>	<p>LB/YB</p> <p>LB</p> <p>Curriculum group</p> <p>SG/MP/DE</p> <p>Curriculum group</p> <p>Curriculum group</p> <p>Curriculum group</p>
<p>Key Milestones</p>	<p>End of the Autumn Term</p>	<ul style="list-style-type: none"> <li>🏆 Playleaders to start playground duties and take responsibility for looking after equipment and resources</li> <li>🏆 Curriculum group to gather information about clubs/extra-curricular opportunities in the local area and set up links in school</li> <li>🏆 Clubs provided to support Redborne festivals: rugby, athletics, rounders, netball</li> </ul>				
	<p>End of the Spring Term</p>	<ul style="list-style-type: none"> <li>🏆 Playleaders continue to develop games and ensure new playground equipment is utilised and kept in good condition</li> <li>🏆 Extracurricular clubs will be provided in response to the children's questionnaire (Funded by the sports premium)</li> </ul>				
	<p>End of the Summer Term</p>	<ul style="list-style-type: none"> <li>🏆 Playleaders help organise sports events and aim towards getting their certificates of attainment</li> <li>🏆 Flitwick will be awarded the Sainsbury's games sports award and the Redborne KS1 sports award for continued dedication to sport and well being across our school</li> <li>🏆 Each child in school will have been provided with an opportunity to take part in a selection of extracurricular sports/wellbeing clubs</li> </ul>				

Evaluation questions and processes

Questions for Governors

- how effectively leaders use the primary PE and sport premium and measure its impact on outcomes for pupils, and how effectively governors hold them to account for this

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