

FLITWICK LOWER SCHOOL

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24th September 2020

Dear Parents and Carers

As we begin to establish our new normal, I would like to start by thanking you for the responsibility you have shown when entering and exiting the school. The staggered times are working well but I am looking at amending them slightly as we are running early on some of the timings.

As I mentioned last week, at the start of every year, there is always a spike in the number of children who experience colds and coughs as a result of the change in the weather. This year, of course, is exceptional because of Covid-19.

Our collective responsibility is to keep everyone safe and therefore you can help us by doing the following:

- Maintain social distancing at all times
- Please leave the playground promptly
- Allow more time to get in and out of school as the weather becomes more autumnal
- If you think your child is unwell, please keep them at home, to enable us to keep the school environment as healthy as possible.

Through this week we have all seen and heard on the news the difficulties being faced by everyone, particularly when trying to get a test.

To help with decisions that you will need to make as parents, I have listed below the latest guidance which is as follows:

- If your child has cold symptoms such as a runny nose or sore throat, but no fever, then treat it as such.
- If your child is sneezing more frequently, then we recommend you keep your child at home until this has subsided, usually this is within a couple of days.
- If your child has a cold but is well enough to be at school, they should be sent in with tissues to catch coughs or sneezes.
- You can help us by teaching your child to cough or sneeze into a tissue, dispose of it correctly and wash their hands with soap and water.

The main symptoms of Covid are: (please refer to the government guidance sent out via ping on 23.9.20)

- A new and persistent dry cough
 - A high fever or temperature
 - A loss or change of taste or smell
- If your child has any of these symptoms, then you should:
- Get a test as soon as possible to check if you have coronavirus.
 - Stay at home and do not have visitors until you get your test result – only leave your home to have a test. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.
 - Inform us immediately

For most people, COVID-19 will be a mild illness, but it's important to follow this guidance to help stop the spread.

If you need a COVID test, do not ring 111.

The NHS 111 service should be used for those who need urgent medical advice. It cannot be used to arrange Coronavirus testing.



Instead, please visit the online testing portal. Test availability is refreshed throughout the day, if tests are not available near you, please try again later.

If you have any questions or concerns please email us on flitwicklower@gmail.com and we will get back by the end of the day, however at weekends this may take a little longer but please note we are unable to advise you, we can only refer you to the guidance.

Finally, thank you to everyone, as always, for being responsible parents/carers and for keeping our community safe.

Yours sincerely

Mrs New

